

ENROLMENT FORM TERM TWO 2019

Activity Name:.....

Name of participant:.....

Suburb you reside in:.....

Contact number:.....

Email:

Ethnicity: Maori Iwi..... Pasifika Asian
 NZ European Latino Other.....
 Male / Female

What generation group do you belong to ?

Pepi/ Toddler Tamariki/ Child Rangatahi/ Youth
 Pakeke/ Adult Kaumatua/ Senior

Do you have a medical condition or allergies that the tutor needs to know about?

Emergency Contact Name:

Emergency Phone:.....

Parent Guardian Signature:Date:.....
 Signature:.....Date:.....

**Direct credit online to our Kiwi Bank account:
 38-9009-0133732-00 with your surname and
 course as a reference.**

Suggestions Welcome

**What does Victory community, families and the
 environment need & want ?**

Gardening, Safety, Arts, Social, Education, Knowledge, Activities,
 Dance, Language, Food, Environmental/Events, Culture and more...

Victory Community Nurse

Steph Anderson - Monday - Friday 830 - 430 pm

Victory Community AOD Clinician

Sabien's hours are Monday, Tuesday, Wednesday 8:00 am - 4:00 pm and Thursday 8:00 am - 12:00 pm

Victory Community Reception

Arawhita Wiringi is onsite from Monday - Friday 830 am 2 pm

Victory Community Activities Coordinator

Ariana Ngaruhe is onsite from Monday - Friday 830 am - 4pm

Victory Community Manager

Rebecca Greig is Onsite Monday - Friday 9 am - 2



Nelson Bays Primary Health
 Hauora Matua ki Te Tai Aoreore



The Tindall Foundation
 Contributing to a stronger New Zealand



Literacy Aotearoa
 Choice Change Freedom



**VICTORY on the MOVE
 Term 2 - 2019**

29 April - 5 July 2019

Matariki June 26

Art Competition



Matariki volunteers needed

**Community Meal
 Community Garden
 Community Meetings
 Community Newsletter**

New Activities

Free Screening Night: "Raw" the documentary
 (w/complementary yummy vegan food).

Drawing classes for adults
 Brain Gymnastics
 Holistic Fitness Coaching
 Musical Play group
 Movement Jam
 Colombian Dance

**Victory Community Centre
 830am- 4 pm Monday-Friday**

03 5468389

vccreception@victory.school.nz

Breakfast Club Monday - Friday 8 - 830 am

Victory Primary school hosts breakfast club every morning Monday to Friday. Teachers and volunteers ensure a nutritious breakfast is always available.

Date: Mon 29 April - 5 July **Cost: Free**

Cardio Latino Monday 930 - 1030 am

Pump up the start of your week with some energetic hype, Latino style! Learn how to dance different styles (merengue, afro cuban, cumbia, bachata, reggaeton & more) while you're exercising your whole body in this fun class. No experience/partner needed - Suitable for all ages and skills.

Date 29 April - 3 June **Cost:\$5 - Casual Class**

Tea & Talk Monday 10 - 1130 am

Tea time for anyone 60+ meet new friends & enjoy morning tea served on vintage china with occasional entertainment and guest speakers.

Date: 29 April - 1 July **Age: 60+** **Cost: \$2**

Table Tennis Monday 530- 630 pm

Come along and join us, bring the whole family to our social Table Tennis club. Learn and share your gifts with each other. *Children 9 & under must come with a caregiver 16+*

Date: 29 April - 1 July **Cost:\$2**

Fitness First Monday 630 - 730 pm

Come and join in this relaxed fun and social fitness class. Great for those starting or people who want to increase their fitness level

Date: 29 April - 1 July **Age: 16+** **Cost: \$7**

VCC Playgroup Tuesday 9 – 1130 am

Whanau, tamariki all welcome to come along and share morning tea or a cuppa with Victory's friendly community playgroup for all families. Meet new people, make new friends. This fun, positive active environment encourages healthy engagement amongst our community.

Date:7 May - 2 July **Cost:\$2**

Sit and Be Fit Tuesday 11 - 1145 am

Enjoy exercising sitting down. Keep your heart health while listening to great music. Another great way to meet new people.**Date: 30 April - 2 July** **Age: 16+** **Cost: \$4**

Brain Gymnastics Tuesday 4 - 530 pm

You will play games, solve puzzles, participate in group dynamics and neurobics! improve your memory, attention span, concentration and creativity. Come and explore this opportunity, enhance your brain with Bruno Saia. Parents are welcome to come have fun with their children.

Date: 30 April - 2 July **Age: 7+**

Cost: \$2

Pilates Tuesday 5 - 6 / 615-715 pm

Pilates teaches you about breathing with movement, balance, coordination, positioning of the body, spatial awareness, strength and flexibility

Date: 23 April- 28 May/ 4 June- 9 July. **Age:16+** **Cost: \$48**

Drawing Classes for Adults Wednesday 10 -12 pm

Art Classes for adults that offer a fun and relaxed environment for all drawing levels to extend and develop your skills and techniques.

Date: 8 May - 26 June **Age 18+** **Cost \$70 = 8 week course**

Laughter Yoga Wednesday 530 - 630 pm

Laughter is our body's natural antidote to stress. Laughter "Yoga" is a simple yet very powerful form combining laughter exercises & yogic breathing.

Date: 8 May - 3 July **AGE: 16+** **Cost: \$2**

Traditional Colombian Dance Wednesday 630 - 730 pm

Come along and learn about Colombian culture through Colombian dance. We like to welcome all people to share a space of diversity and allow us to connect as one through dance. In 10 weeks you will experience Colombian Salsa, Mapale, Cumbia, Salsa Choke and Currulao

Date: 8 May - 3 July **Age: 12 +** **Cost: \$ Koha**

VCC Musical Playgroup Thursday 9 – 1130 am

All welcome to come along and share morning tea or a cuppa with Victory's friendly community playgroup for all families. Meet new people, make new friends. This fun, positive active environment encourages musical activities through healthy engagement amongst our community

Date: 2 May - 4 July **Cost:\$2**

Badminton Thursday 430- 6 pm

Join our family friendly club. We have all the gear, no experience necessary, come along and have a go and play games. *Children 8 and under must come with a caregiver 16+*

Date: 2 May - 4 July **Age: All** **Cost: \$2 per person**

Cardio Latino Thursday 6 - 7 pm

Come and join the Latino style! Learn how to dance different styles (merengue, afro cuban, cumbia, bachata, reggaeton & more) while you're exercising your whole body in this fun class. No experience/partner needed - Suitable for all ages and skills. * **Date: 2 May - 6 June** **Cost \$5 casual class**

African Drumming Thursday 715 - 845 pm



Come along and learn West African rhythm in a fun and supportive environment. No experience necessary. Drums provided or bring your own.

Register at www.inrhythm.co.nz/events 8 week course

Date: 2 May - 4 July **Age: 12 +** **Cost: \$100**

Movement Jam Friday 9 - 10 am

Movement Jam is an inclusive space where you can be and move exactly as you are. Each class is an opportunity to dance freely, explore the benefits of mindful movement with the support of gentle guidance and inspiring world music

Date: 3 May - 5 July **Cost: gold coin koha**

Cultural Social Activities Friday 10 - 11 am



Come along and share morning tea & a cuppa with Victory's friendly social cultural group. Volunteer opportunities for all people to participate.

Date: 3 May - 28 June **Age: All** **Cost: \$3**

Community Acupuncture Friday 1130 - 3pm

Community acupuncture is designed to make treatment affordable and accessible for everyone. Dress comfortable, loose clothing to allow you to roll up your pants and roll back your sleeves.

Date: 3 May - 5 July **Cost:sliding scale \$5 - \$40**

Community Meal Friday 530 - 7 pm

Join us every Second Friday for a hot meal. Help plan or prepare these meals with us. Spend quality time with locals over hot food and a cup of tea or coffee.Bring a friend.

This place belongs to all of us

Date: May 3, 17, 31, June 14, 28 & July 5 **Cost: Free**

Piano Lessons Saturday 12 - 2pm



From beginners to advanced and everything in between. We have lessons available with our experienced tutor. Contact Liz on 021 617 261 for more information

Date: 4 May - 6 July **AGE: All**

Cost: \$18 for a 20-minute \$22 half hour

Holistic Fitness Coaching

Term 2 fitness coaching is now fully booked. If you are still interested in this activity please feel free to email Nikki on holisticfitnessnelson@gmail.com. There are limited positions for term 3 available, book now to secure your spot.

Te Reo Maori

Te Reo classes are now full. Please continue to express your interest so that we may create another class especially for you